## **Visit the Fitness Center**

Come visit the Health & Fitness Center open to ages 35 years+ with a variety of fun exercise classes. The Health & Fitness Center is located at Olivedale Park at 253 Boving Rd. Lancaster, Ohio



As of February 1, 2021, some procedures have changed to make it easier for our members. A big change is less paperwork. Those who have access can create their own account on the LPR Online Registration portal. NOTE: If you are a current member, you may already have an account created. Please check with the office 740-687-6655 to inquire and get a temporary password emailed to access. Pass prices have changed for Health & Fitness Members. The annual fee is included in the monthly pass price. Prices and Pass options are listed below for Health & Fitness only members vs Olivedale Senior Members.

Health & Fitness Member Passes

TYPE	DESCRIPTION	1 MONTH	2 MONTHS	3 MONTHS
Basic Gym	Access to GYM only.	\$12.00	\$24.00	\$36.00
Basic Plus	Basic plus exercise classes & open pool	\$22.00	\$44.00	\$66.00
All Inclusive	Basic Plus and access to pool classes	\$26.00	\$52.00	\$78.00

PRICE PER LENGTH

Olivedale Member Passes

		PR	PRICE PER LENGTH		
TYPE	DESCRIPTION	1 MONTH	2 MONTHS	3 MONTHS	
Olivedale Member Basic	Access to GYM only.	\$10.00	\$20.00	\$30.00	

Olivedale Member Plus	Basic plus exercise classes & open pool	\$20.00	\$40.00	\$60.00
Olivedale All Inclusive	Basic Plus and access to pool classes	\$24.00	\$48.00	\$72.00

## **Fitness Center Information**

THE FITNESS CENTER IS OPEN! WE WILL CLOSE DAILY FROM 11 A.M. – 1 P.M. FOR A DEEP CLEANING.

MASKS ARE MANDATORY WHEN ENTERING AND EXITING THE BUILDING. IN ACCORDANCE WITH HEALTH DEPARTMENT GUIDELINES, AN EXCEPTION OF WEARING A MASK IS WHEN DOING CARDIO/PHYSICAL ACTIVITIES.

HOURS OF OPERATION OPEN 7-11 A.M. CLOSED 11 A.M. – 1 P.M. FOR CLEANING OPEN 1-7 P.M.

The Health & Fitness Center is located at 253 Boving Rd. Lancaster, Ohio in the lower level of the Olivedale Park Building. The Health & Fitness Center is available to ages 35 and up. Olivedale Senior members have access to the Health & Fitness programs included in their membership. Passes are available for 1, 2 and 3 months. (See cost chart above.) Sign into your account through the LPR online portal www.lancasterparksrec to purchase.

We offer classes for all fitness types, levels and interests. Including: Pound Fit, Barre Fit, Yoga, Pilates, Zumba, Dance Aerobics and indoor cycling and more. (Please refer to the Class Schedule below).

\*New!!! We have a Run/Walk Club that is included in Class Membership.

Our Fitness Center is equipped with state-of-the-art equipment if you want to work out on your own. We have weight machines, treadmills, rowing machines, cross trainers, elliptical trainers and more!

Due to COVID-19 restrictions, class registrations must be done in office during office hours. Call us 740-687-6655 or email us <u>staff@olivedale.com</u> to register for exercise, open pool or pool classes.

Come be a part of Lancaster's best health & fitness center and get healthy!!! For more Info call the office at 740-687-6655.

## **CLASS SCHEDULE**

## CLICK BELOW FOR CLASS SCHEDULE:

HealthandFitness\_schedule\_1-20-21