



# Visit the Fitness Center

**Come visit the Health & Fitness Center open to ages 35 years+ with a variety of fun exercise classes. The Health & Fitness Center is located at Olivedale Park at 253 Boving Rd. Lancaster, Ohio**



## **Fitness Center Information**

**THE FITNESS CENTER IS OPEN!  
INCLUDING THE GYM,**

As of February 1, 2021, some procedures have changed to make it easier for our members. A big change is less paperwork. Those who have access can create their own account on the LPR Online Registration portal. *NOTE: If you are a current member, you may already have an account created.* Please check with the office 740-687-6655 to inquire and get a temporary password emailed or use the “Forgot My Password” feature to access.

**Pass prices** have changed for Health & Fitness Members. The annual fee is included in the monthly pass price. Prices and Pass options are listed below for Health & Fitness members vs Olivedale Senior Members.

**Olivedale (OD) Senior Members Monthly Membership**

	<u>30 Day</u>	<u>60 Day</u>	<u>90 Day</u>	<u>Includes:</u>
OD Basic	\$10	\$20	\$30	gym only
OD Basic Plus	\$20	\$40	\$60	gym, exercise, open pool
OD All Inclusive	\$24	\$48	\$72	gym, exercise, open pool, & pool classes

Password Required to receive the Olivedale Member discount. Call the office 740-687-6655 to obtain.

**Lancaster Parks & Recs. Health & Fitness Members Monthly Membership**

	<u>30 Day</u>	<u>60 Day</u>	<u>90 Day</u>	<u>Includes:</u>
LPR Basic	\$12	\$24	\$36	gym only
LPR Basic +	\$22	\$44	\$66	gym, exercise, open pool
LPR All Inclusive	\$26	\$52	\$78	gym, exercise, open pool, & pool classes

**HEALTH & FITNESS CENTER HOURS:**

Beginning March 1, 2021

Monday - Thursday: 7:00a to 12:00p + 1:00p to 7:00p

Friday: 7:00a to 12:00p + 1:00p to 5:00p

CLOSED from 12:00p to 1:00p for deep clean

The Health & Fitness Center is located at 253 Boving Rd. Lancaster, Ohio in the lower level of the Olivedale Park Building. The Health & Fitness Center is available to ages 35 and up. Olivedale Senior members have access to the Health & Fitness Center included in their membership. Passes are available for 30, 60 and 90 days. (*See cost chart above.*) Sign into your account through the LPR online portal [[www.lancasterparksrec.com](http://www.lancasterparksrec.com)] to purchase.

We offer classes for all fitness types, levels and interests. Including: Pound Fit, Yoga, Piloxing, Zumba, Dance Aerobics and indoor cycling and more. (*Please refer to the Class Schedule below.*)

Run/Walk Club is included with a Monthly Membership Pass (*registration required*).

Due to COVID-19 restrictions, class registrations are required and must be done in office during office hours. Call us 740-687-6655 or email us [staff@olivedale.com](mailto:staff@olivedale.com) to register for exercise, open pool or pool classes.

Our Fitness Center is equipped with state-of-the-art equipment if you want to work out on your own. We have weight machines, treadmills, rowing machines, cross trainers, elliptical trainers and more!

Come be a part of Lancaster's best health & fitness center and get healthy!!!  
For more Info call the office at 740-687-6655.